



In partnership with



Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	MSC Seafood & Vegetable Pasta	Creamy Turkey & Sweetcorn with Steamed Rice	Shepherds Pie	Jerk Spiced Chicken with Rice & Peas	MSC Crumbed Fish Fillet With Chips, Ketchup & Tartar Sauce
Vegetarian Option	Chick Pea & Grilled Vegetable Biriahni	Mushroom, Spinach & Cream Cheese Lasagne with Garlic Bread	Spiced Vegetable & Red Lentil Cakes with Tomato Salsa & Baked new Potatoes	Braised Vegetarian Sausage in Vegetarian Gravy with Yorkshire Pudding & Mash	Broccoli & Cheese Flan With Chips
Vegetables & Potato Option	Broccoli Salad	Carrots Green Beans	Cabbage Sweet Corn	Spring Greens Roasted Root Vegetables	Peas Roasted Tomatoes
Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, & Carrot. Look out also for our "Salad Special" of the Day					
Freshly Cooked each day - Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans					
Dessert	Raisin & Honey Flapjack with Custard Yogurt Fresh Fruit Salad	Fruit Trifle Yogurt Fresh Fruit Salad	Strawberry Yogurt Ice cream with Fresh Fruit Salad	Apple Crumble with Custard Yogurt Fresh Fruit Salad	Yogurt Fresh Fruit Salad
Custard Served as an Accompaniment to All Hot Desserts					
Daily Additions	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection

	Main Courses		Salads		Fish
	Vegetarian		Desserts		Additions