



In partnership with



Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	DIY Fajitas With; Spicy Chicken or Mexican Beans & Vegetables with Shredded Iceberg Salad, Tomato Salsa & Soured Cream	MSC Fillet of Pollack with Pizza Topping & New Potatoes	Lasagne with Garlic Bread	Mild Chicken Curry with Rice	MSC Fish & Chips With Tomato Ketchup & Tartar Sauce
Vegetarian Option		Quorn, Tomato & Aubergine Pasta with Fresh Basil & Garlic Bread	Vegetable & Chick Pea Korma with Steamed Rice	Vegetarian Mousaka with Baked New Potatoes	Mozzarella & Tomato Pizza with Chips
Vegetables & Potato Option	Baked Potato Wedges, Green Beans	Cauliflower Cabbage	Broccoli Carrots	Roasted Courgettes & Mixed Peppers	Peas Roasted Tomatoes
Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, & Carrot. Look out also for our "Salad Special" of the Day					
Freshly Cooked each day - Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans					
Dessert	Fruity Whole Meal Short Bread with Custard Yogurt Fresh Fruit Salad	Jelly & Ice Cream Yogurt Fresh Fruit Salad	Peach Crumble & Custard Yogurt Fresh Fruit Salad	Strawberry Smoothie Dessert Yogurt Fresh Fruit Salad	Yogurt Fresh Fruit Salad
Custard Served as an Accompaniment to All Hot Desserts					
Daily Additions	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection

	Main Courses		Salads		Fish
	Vegetarian		Desserts		Additions