



In partnership with



Menu 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main meal</b>	Spaghetti Bolognaise with Garlic Bread Salad	Hoi Sin Chicken Thighs with Chinese Noodles	Turkey & Leek Pie with Mashed Potatoes & Gravy	<b>Omelette Day</b> Spanish Omelette with Chicken Paprika, Potatoes & Peppers.	<b>Goujons of MSC Fish</b> with Tartar Sauce & Ketchup
<b>Vegetarian Option</b>	Vegetarian Enchiladas with Potato Wedges & Tomato & Cucumber Salsa	Cheese & Red Onion Flan with New Potatoes	Sweet Potato & Chickpea Tagine with Spiced Couscous	Baked Mushroom Omelette. Baked cheese Omelette.	Vegetable Cornish Style Pasty With Chips
<b>Vegetables &amp; Potato Option</b>	Steamed Courgettes	Stir Fry Vegetables French Beans	Broccoli Carrots	Potato Wedges Mixed Salad	Peas Roasted Tomatoes
<p style="text-align: center;"><b>Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, &amp; Carrot.</b>  <b>Look out also for our "Salad Special" of the Day</b></p>					
<p style="text-align: center;"><b>Freshly Cooked each day - Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans</b></p>					
<b>Dessert</b>	Eaton Mess Yogurt Fresh Fruit Salad	Mandarin Segments with Ice Cream Yogurt Fresh Fruit Salad	Peach Crumble & Custard Yogurt Fresh Fruit Salad	Mango Smoothie Dessert Yogurt Fresh Fruit Salad	Yogurt Fresh Fruit Salad
<p style="text-align: center;"><b>Custard Served as an Accompaniment to All Hot Desserts</b></p>					
<b>Daily Additions</b>	<b>Water, Milk Bread selection</b>	<b>Water, Milk Bread selection</b>	<b>Water, Milk Bread selection</b>	<b>Water, Milk Bread selection</b>	<b>Water, Milk Bread selection</b>

	<b>Main Courses</b>		<b>Salads</b>		<b>Fish</b>
	<b>Vegetarian</b>		<b>Desserts</b>		<b>Additions</b>