



In partnership with



Menu 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Turkey Stir-Fry with Asian Style Vegetable Noodles	MSC Fisherman's Pie	Pizza Day Cajun Chicken Pizza	Chilli & Steamed Rice	MSC Fish Fingers With Chips, Tartar Sauce & Ketchup
Vegetarian Option	Vegetable & Lentil Lasagne	Penne Pasta with Tomatoes, Veggie Mince & Herbs	Spinach & mushroom Pizza - Tuna & Tomato Pizza	Fruit & Vegetable Curry with Sweet Potatoes, Lentils & Steamed Rice	Leek, Cheese & Tomato Flan & Chips
Vegetables & Potato Option	Stir-Fry Vegetables Potato Wedges	Green Beans Cauliflower	Baked New Potatoes Salad Broccoli	Mixed Salad Sweetcorn	Peas Roasted Tomatoes
Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, & Carrot. Look out also for our "Salad Special" of the Day					
Freshly Cooked each day - Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans					
Dessert	Forest Fruit & Crushed Short Bread Fool Yogurt Fresh Fruit Salad	Pears with Ice Cream Yogurt Fresh Fruit Salad	Bananas & Custard Yogurt Fresh Fruit Salad	Fruit Trifle Yogurt Fresh Fruit Salad	Yogurt Fresh Fruit Salad
Custard Served as an Accompaniment to All Hot Desserts					
Daily Additions	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection
	Main Courses		Salads		Fish
	Vegetarian		Desserts		Additions